Ponta Melagrana

MASSAGES & SPA

Experience a variety of rejuvenating massages and spa rituals designed to relax, heal, and invigorate your body. Our offerings include:

Deep Relaxation

Our massage includes:

- Full back body massage
- Leg massage
- Stomach massage
- Cleavage massage
- Head massage

Experience the release of muscle tension and stress in a wonderfully relaxing atmosphere. Our massage helps restore energy balance and provides a noticeable calming effect.

Arian Massage

Arian massage technique utilizes forearms and elbows to achieve deep muscle relaxation and a calming effect on the central nervous system.
This method effectively addresses tension and pain, often resolving these issues in just a few sessions.

Classic Massage

Classic massage provides a comprehensive effect on the body's tissues and muscles.
It helps to:

- Reduce pain
- Remove swelling
- Improve blood circulation
- Regenerate damaged tissue
- Restore mental balance

Body Shaping Massage

This massage utilizes specific techniques to reduce and normalize metabolism in the subcutaneous fat layer.
Professional massage enhances oxygen flow to the skin, accelerating lymphatic flow and promoting effective body shaping.

SPA Ritual “Butterfly Effect”

Experience a relaxing massage that includes:

- Wrapping in special fabrics soaked in a nourishing oil solution
- A soothing head massage
- Eye area treatment with massage glasses

Like a butterfly emerging from a cocoon, this ritual leaves you with a feeling of mild intoxication and deep relaxation.

SPA Ritual "Glow"

This rejuvenating ritual includes:

- Lymphatic drainage body massage
- Face massage
- Alginate face mask

This comprehensive treatment helps you quickly and effectively care for your body and refresh your face. You'll look radiant, and your evening dress will fit perfectly, making your face glow.

SPA Ritual "Arian Massage"

This unique ritual combines the Arian massage with a luxurious spa treatment for hands and feet. Arian massage uses forearms and elbows for deep yet gentle full-body treatment. The cyclic, figure-eight movements flow seamlessly, helping you to relax and deeply release blockages and spasms. This massage realigns the body, freeing up more resources for life and health.

SPA Ritual "Element of Water"

This unique massage complex focuses on deep hydration, restoring the hydro-lipid balance, and preventing skin dehydration. Utilizing the ecological cosmetics of the French brand Talgo, known for its therapeutic properties of the ocean and algae, this treatment helps nourish your skin with moisture, counteracting the negative effects of sun and salt water exposure.

SPA Ritual "Pomegranate"

Did you know that pomegranate is a royal fruit and a symbol of vitality and eternal rebirth? Rich in essential nutrients, pomegranate offers numerous benefits for the body. We offer a luxurious honey massage combined with real pomegranate. The delightful aroma, relaxing atmosphere, and abundant vitamins will invigorate and revitalize your body, promoting strength and health.